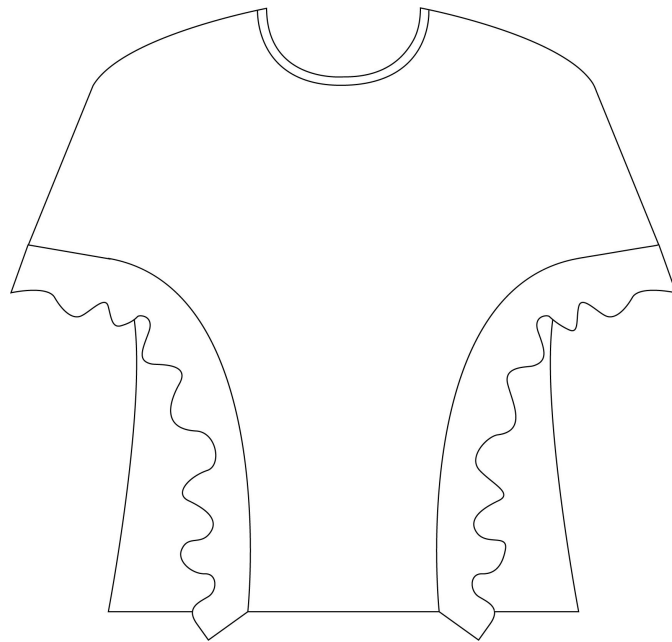


SELF ASSEMBLY REQUIRED



The Ruffle Tee



Feeling frilly?

This Ruffle Tee will do the trick! Featuring a grown on cap sleeve and a mile-long frill running from front to back emphasising the relaxed sleeve shape. Perfect with jeans or tucked into a skirt!

Pattern Instructions

Printing the pattern

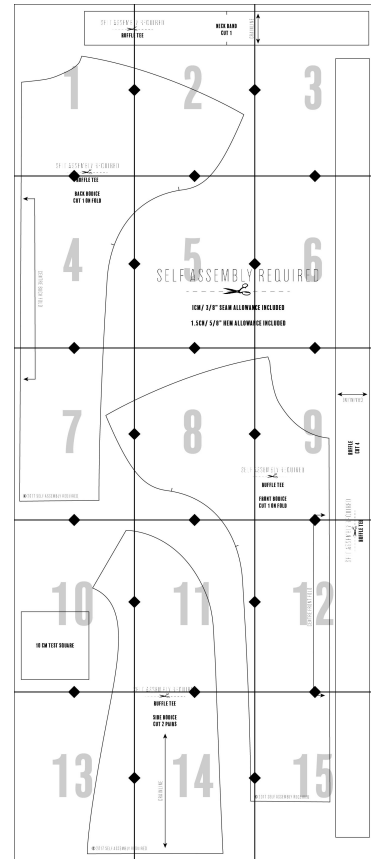
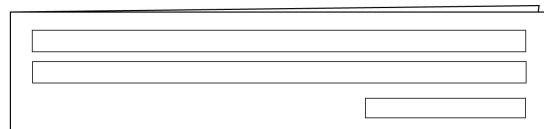
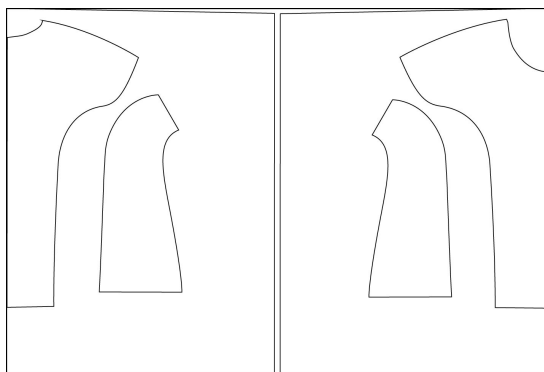
The pattern is made of 15 A4/ US letter sheets laid out like this diagram →

When you print your pattern, please ensure your printer scale is set to 100% so that it prints in the right size. The test square in on page 10 if you want to try printing that out first.

The pattern contains 5 pattern pieces:

- 1 Bodice Front x 1
- 2 Bodice Back x 1
- 3 Side Bodice x 4 (2 pairs)
- 4 Neck Band x 1
- 5 Ruffle x 4

Cutting layout



Fold the selvages towards the centre to cut the bodice pieces. Fold it in half (selvages together) to cut the ruffle and neck band.

Use pinking shears on one of the long edges of the Ruffle piece for some extra flounce!

Size

The finished t-shirt measures across the 100cm (40in) bust and 115cm (46in) across the hip.

Fabric

Jersey, knit fabrics with at least 20% stretch. Use a contrast colour or rib knit for the ruffle and neck band for contrast.

1m of 150cm wide fabric or 0.8m of your main fabric and 0.2m of the contrast.

Sewing Instructions

A 1cm (3/8") seam allowance is included and a 1.5cm (5/8") hem.

Stitch the shoulder seams of the Front and Back Bodices right sides together (RST). Finish the seam with an overlocker if you want to. Press the seams to the back

Stitch the short sides of the Neck Band RST. Press the seam open (or to the side if you've overlocked the edge).

Fold the Neck Band in half lengthways.

Attach the band to the neckline, keeping the neck band seam at the centre back. The neck band is shorter than the neckline and needs to be gently stretched to fit. Stitch together. Finish the seam and press.

The 4 Ruffle pieces will become the 2 side frills. Take 2 of the long pieces and stitch the short edge RST. Do the same for the other 2 pieces and press seams open.

To create the ruffle, we need 2 rows of basting/ gathering stitches. Increase the stitch length to the longest possible (normally 5mm). Make one row of stitches at 5mm from the edge and one row at 15 mm from the edge.

Pull the threads at one end of the ruffle to gather the ruffle, spreading it out evenly until it measures around 130cm.

Pin the ruffle to the bodice (RST) making sure the ruffle seam matches the shoulder seam. The edge of the ruffle should match the notch at the bottom of each bodice piece at 1.5cm from the end. Move the gathers around to make sure they're even.

If the ruffle is too long or too short, loosen or tighten the gathering stitches as needed.

Take your side bodice pairs and stitch each pair RST along the side seam. Press the seam open or to the back if you've finished your seam.

Fold over the upper edge of the joined side bodice by 1 cm (you can finish the edge first if you want). Topstitch this down with a zigzag stitch or a twin needle.

Pin the side panels to the main bodice RST over the pinned ruffle to make a ruffle sandwich. Make sure to match the notches – the top most notch of the front/back bodice should match the hemmed edge of the side panel. It doesn't matter which side is used for which as it's the same front and back.

Now the fun part! Stitch this sandwich together. Continue the seam all the way from the front hem to the back (or vice versa if you're working that way). Do the same for both sides.

Finish and press the seam towards the body. Remove the visible row of basting stitches.

All that's needed now is a hem!

Fold the hem back 1.5cm (5/8") and topstitch it down in the same way as on the top of the side panels. You'll need to do each section separately between the ruffles.

Press the hem once more and you're done!

*Share your make on Instagram using the hashtag #SARruffletee
and let me know @selfassemblyrequired*

Happy Sewing!

